



DAILY ACTIVITIES SCHEDULE

START TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30 AM			Hilton Walk Activities Center	Hilton Run Activities Center			
9:00 AM	HIIT training Miramar North Lawn SUP Tour Activities Center	Cycling Tour Activities Center	SUP Tour Activities Center	Cycling Tour Activities Center	SUP Tour Activities Center	SUP Tour Activities Center	Cardio Kickboxing Miramar North Lawn SUP Tour Activities Center
10:00 AM		Yoga Miramar South Lawn	Aqua Zumba North Pool	Tai Chi Yoga Miramar South Lawn	Meditation Yoga Miramar South Lawn		Yoga Miramar South Lawn
11:00 AM	Bird Interaction Bird Garden	Bird Interaction Bird Garden	Bird Interaction Bird Garden		Bird Interaction Bird Garden	Bird Interaction Bird Garden	Bird Interaction Bird Garden
11:30 AM	Beach Tennis Shocoland Area			Pool Aerobics North Pool	Pool Aerobics North Pool Make Your Own Aloe Scrub Eforea Spa	Pool Aerobics North Pool	Pool Aerobics North Pool Make Your Own Aloe Scrub Eforea Spa
1:00 PM	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games	Bingo North Pool \$5/card – 4 games
3:00 PM	Pool Volleyball North Pool	Bobbing for Sodas North Pool	Ping Pong Games Shocoland Area	Mixology Workshop North Pool (Castaways)	Archery Shocoland Area	Pool Volleyball North Pool	Pool Volleyball North Pool
5:00 PM			Manager's Cocktail Party Mirasolo				
6:15 PM			The Sunset Experience Beach Area	The Sunset Experience Beach Area			
7:00 PM		Stargazing Shocoland Area		Aruba Beer Time Mirasolo \$15 per bucket 8.00 pm Mini carnival	Hilton Dive in Movies South Pool	S'mores & Campfire Shocoland Area	

Activities are weather permitting and may be subject to change without prior notice. Highlighted activities in blue, require sign up at the Activities Center. For more information, call resort extension 6525 or send an email to auaah_poolandbeachservices@hilton.com



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ARUBA CARIBBEAN
RESORT & CASINO

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